

## Soundabout Inclusive Choirs

The Soundabout Inclusive Choirs welcomes people of all abilities and their families/ primary carers. The choir celebrates that everyone has their own way of sharing their voice. Here are a few examples of ways you could join in:

- Makaton Signing
- Singing or other vocal noises
- Making sounds with an instrument or sound maker
- Technology e.g. an iPad or EyeGaze
- Movement and dance



By welcoming all voices we aim to be as inclusive as possible, and actively try to remove barriers to participation from those with severe and profound learning disabilities. The choir is free to join, there are no auditions, and you do not need to be able to read music notation. The choir meets on zoom on alternate weekends and aims to resume face to face sessions in the autumn. Please see our website for more details:

<https://www.soundabout.org.uk/soundabout-inclusive-choir>

## Volunteering

We are looking to recruit **volunteers** to join our supportive, friendly and creative team, dedicated to having fun, empowering others and creating a musical community without barriers. Music abilities are desired but not necessary, we welcome anyone who fits with our vision and wants to develop their inclusive music making skills - training and support can be provided. Roles include:

### Online:

- **Admin** – Name changing on Zoom, muting/ unmuting,
- **Co-leading** – inclusive vocal and multi-sensory music warmups, activities and/ or songs
- **General Participation** – Joining in with activities and sharing your enthusiasm and warmth, welcoming energy

### Face-to-Face:

- **Admin** - Welcoming people, signing them in check DBS
- **Setup/ Pack down** (e.g. chairs/ tables and musical equipment)
- **Co-leading** - inclusive vocal and multi-sensory music warmups, activities and/ or songs
- **1:1 support** - Often with PMLD members supporting musical engagement in multi-sensory ways and often using music tech (e.g. iPads and apps such as ThumbJam)
- **Zoom Monitor** - We are aiming to live broadcast the face-to-face sessions to members unable to attend
- **Refreshments Team** - Offering tea, coffee and cakes at the end to choir members
- **General Participation** – Joining in with activities (this can include singing or instrument playing) and sharing your enthusiasm and warmth, welcoming energy

(Please note face to face volunteers need to be 16 +)

**Paid Opportunity - Live Accompanist**

The ideal candidate will be flexible in their playing and able to respond in the moment to our choir's ideas and needs, skills will be needed in improvisation and candidates will need a supportive and understanding attitude.

**For more information or to register interest visit:**

<https://www.soundabout.org.uk/volunteering/>

**Or contact email: [info@soundabout.org.uk](mailto:info@soundabout.org.uk)**