

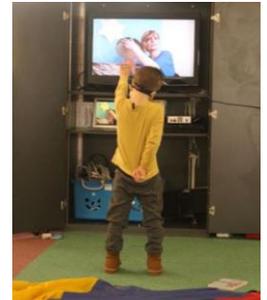
## Soundabout Projects for 2021-22

### Virtual music-making sessions for children and young people with severe and profound learning disabilities

Soundabout's virtual music-making sessions enable Disabled children and young people to enjoy music making with their families from home, particularly important when isolated, but also enables families to access recordings whenever is most suitable for them. The programme includes:

- 'Soundabout Live!' interactive music-making sessions on Facebook, twice a week
- Daily 'Hello' and 'Goodnight' songs on Soundabout's Facebook page
- Weekly 'Soundabout Live!' After School Club on Zoom for disabled school children
- Weekly 'Soundabout Live!' Home School Club on Zoom for disabled school children
- Weekly 'Soundabout Life' sessions for young disabled adults on Facebook
- 'Soundabout Friends' an ongoing series of four-week themed group sessions on Zoom

Our Soundabout TV resource ([www.soundabout.org.uk/tv](http://www.soundabout.org.uk/tv)) enables families and participants to access our library of 'Soundabout Live!' interactive music sessions at a time to suit them - over 130 available to choose from with the latest sessions added each week.



Soundabout needs to raise £5,840 per month to provide these sessions. We ask families to make £5 contributions for 'Soundabout Live!' sessions on Mondays and Wednesdays, if they can afford to do so, and this will raise around £320 each month.

### Face-to-face community music-making sessions for people with severe and profound learning disabilities

We are planning the return of our face-to-face community music making sessions to bring people together when safe to do so. We have consulted with families and there is great demand for returning to some face-to-face sessions. The first phase is planned for the Autumn with community sessions in London, Manchester and Oxford, followed by the second phase throughout 2022. The sessions will be held in small groups in each area and will be run by two specialist Soundabout music practitioners working as a team: one leading the music and one leading the interaction.

The costs of each session will be £350 (covering practitioner fees, volunteer and travel expenses and venue hire). Together with the support costs, we need to raise £1,400 per month to provide these sessions and open up community-based music making to profoundly disabled children, young people and adults again.

### Inclusive Choirs

Soundabout Inclusive Choirs are musical communities without barriers, welcoming people of all ages and abilities. Our first Inclusive Choir started in Oxford and moved online throughout the Covid-19 crisis, we now also have Inclusive Choirs in Bristol, Peterborough, Wiltshire, Leicester and the West Midlands. These choirs create opportunities for people with profound and severe learning disabilities of all ages to sing and make music regularly, alongside their local choir communities, building singing abilities and confidence, with significant physical, social and mental health benefits.

The Inclusive Choirs have been thriving virtually, bringing everyone together to make music online and remove some barriers to access. As restrictions ease, we will move to face-to-face sessions, rehearsals and performances, continuing some online sessions and face-to-face sessions will be broadcast to the rest of the group.

We need to raise funds to support the Inclusive Choirs in Oxford, Bristol and Wiltshire. The annual cost of each choir is £19,380 and we have secured some support from local Charitable Trusts and Foundations, with the Choirs in Peterborough, , Leicester and the West Midlands supported through commissioning.

## Emerging Leaders

We are developing young Disabled choristers in each Inclusive Choir as Emerging Leaders - enabling young Disabled choristers to lead songs and support the project delivery development, building progression routes and aspirations. We need to secure funding of £15,000 to develop and set up new Emerging Leader groups in connection with our new choirs, including the costs of a Co-ordinator.

## Sounds Wild

Soundabout's 'Sounds Wild' programme enables Disabled children and young people to access innovative music-making sessions in inspiring outdoor spaces. These sessions combine music and nature to inspire and instil a sense of wonder and appreciation of the environment, encouraging interactive participation which focuses on raising self-esteem, engaging the senses and promoting self-expression and choice making. Our practitioners will use the Forest School approach to enable all participants to achieve, build their confidence and self-esteem through hands on learning in a natural environment.

Our Sounds Wild residency project at National Star College over six weeks in the Autumn will enable young people aged 16-25 with complex disabilities to enjoy making music together outdoors. We need to raise £3,100 towards the full cost of £4,500 (£750 for each day of 'Sounds Wild' sessions, covering practitioner fees, planning, travel, resources and support costs).



We are also planning Sounds Wild for Summer 2022 with projects in Bristol and Coventry, with ten weekly sessions in a Special School and three days in a local nature reserve in each location. We need to raise £20,000 for this project to enable Disabled children and young people to enjoy outdoor music making.

## Southwark Music Hub

The project will provide training and ongoing support for schools in Southwark in Spring/Summer 2022 to enable them to provide high quality and fully inclusive music making activities for pupils with learning disabilities. We will provide training and build schools' capacity and expertise in engaging pupils with profound disabilities in music making - through observation, mentoring, development, sharing, reflection and evaluation. Soundabout's practitioner will work with Disabled children/young people at local schools and provide training for teachers and practitioners in Soundabout tools/techniques.

We need to raise £3,800 towards the project with contributions from participating schools through staff time and equipment. We will train a Soundabout Champion in each school to continue the work following this ten-week development project.

